

## Session 10: Skill of Consequences, Power of Intention



E-Course/Mini-Poster

Mistakes are opportunities to learn. Every conflict is an opportunity to teach.

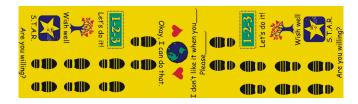
**Natural consequences** provide the most effective motivation for changing a behavior. Let children experience the natural consequences of their actions whenever it is safe.

**Logical consequences** motivate connected children to use skills they already possess. Children must feel connected and be proficient in the skill for logical consequences to work.

"You have a choice. You can choose to <u>(positive skill)</u> and <u>(positive consequence)</u>, or you can choose to <u>(negative skill)</u> again and <u>(negative skill)</u> again."

If the negative behavior continues, say, "I can see by your actions that you've chosen to <u>(negative consequence)</u>," and follow through on the consequence with empathy.

**Problem solving** motivates children to use their Executive Skills to resolve the issue, like with the Time Machine and P.E.A.C.E. process.



My personal commitment:

I am going to \_\_\_\_\_