



# Judy Center

Hawthorne

## Contact Information

410-887-0138

### Facilitator

Rebecca Lindsey, Ed.D.

### Family Case Manager

Letethia Nathan

## Upcoming Events

### Free Infant Massages

Thursday, Mar.5, 12, 19, & 26

HES Wellness Center

\*\*Please contact the Judy Center to schedule your morning massage

### A.B.C. Playgroup

Currently, full but if you would like to join the waitlist

Please contact the Judy Center for more information



## March 2020



Please join the Hawthorne Judy Center along with Bedtime in a Box and Mt. Washington Pediatrics to discuss healthy sleeping habits.

When: March 4, 2020

Where: Hawthorne Cafeteria

Time: 4:00pm-5:30pm

Participants will also receive a **FREE** Bedtime in a Box

## Join the Hawthorne Judy Center for a FREE Family 4-week series on **Gymnastics**



**When:** Tuesdays,

March 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>

and 31<sup>st</sup>.

**Where:** Hawthorne Gymnasium

**Time:** 4:00- 5:00pm

If you would like more information, please contact the Hawthorne Judy Center at 410-887-0138

## Community Corner

### Baby Story Time

Thursdays, Mar. 5, 12, 19 & 26

10:00- 10:30am

Essex Branch Public Library

### Preschool Story Time

Thursdays, Mar 5, 12, 19 & 26

11:00-11:30am

Essex Branch Public Library

### Healthy Babies Collaborative:

#### Healthy MOMs

Tuesdays, Mar. 3, 10, 17 & 24

9:30-11:30am

Stembridge Community Center

### Healthy Babies Collaborative:

#### Essex Breastfeeding Luncheon

Every Wednesday

11:00-1:00pm

Essex Library

Call : 410-828-7700